



Hudson Pointe

AT RIVERDALE

Center for Nursing & Rehabilitation

YOUR PATH FORWARD

WELCOME TO HUDSON
POINTE AT RIVERDALE

YOUR PATH FORWARD STARTS HERE

At Hudson Pointe, we're constantly redefining the meaning of clinical excellence, employing a progressive approach to rehabilitative care and the environment within which it's administered. Our mission is to provide you or your loved one with the optimum resources to regain strength and independence through individualized care plans, hands-on guidance, and warm encouragement.

Our community, conveniently located near many of NYC's major hospitals and provides residents with a sanctuary of recovery and care. Offering luxurious accommodations, state-of-the-art equipment, and top-tier programs, in a friendly, welcoming atmosphere.



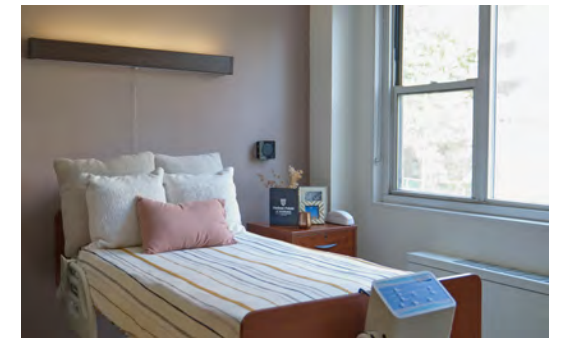


RECOVER IN COMFORT AT HUDSON POINTE

Our bright, spacious rooms provide plenty of personal space, and large, open common areas offer an inviting place for socializing.

Every breakfast, lunch and dinner, our residents enjoy a gourmet dining experience prepared by our culinary chef under the direction of a registered dietician. Our menu features plenty of delicious options to accommodate diverse tastes, health requirements, and cultural or religious needs.

- Private and Semi-Private Rooms
- Fine Dining
- Large Common Areas
- Outdoor Patios
- Beauty Salon and Barber
- Laundry Service
- Pet Therapy
- Smokers Lounge
- Library



SUB-ACUTE RECOVERY PROGRAM



Our sub-acute recovery program is under the supervision of a dedicated physiatrist and consists of an interdisciplinary team of therapists, nurses, nutritionists and more — all focused on your recovery and regaining full independence.

We apply advanced techniques and a comprehensive, aggressive approach to recovery that includes hands-on therapy 7 days a week, for up to two hours a day. Our customized program adapts as you improve, helping you regain your strength and quality of life, as much as possible, as quickly as possible.

- Post-Surgical Care
- Pulmonary Rehabilitation
- Cardiac Rehabilitation
- Stroke & Neurological Rehabilitation
- Orthopedic Rehabilitation

STATE-OF-THE-ART THERAPY CENTER



Our newly-renovated therapy center is equipped with the latest advances in therapy apparatus and is staffed by skilled therapists trained in cutting-edge techniques to safely accelerate your recovery time. Together, our team supports and encourages you to achieve the highest functional level of independence possible.

Throughout your course of therapy, our focus is on you, your individual recovery needs, and eventual community re-entry. To that end, our program includes an ADL suite that helps you retrain in everyday home tasks like folding laundry, dressing, and crossing at the curb.

- 7 Days a Week
- Physical Therapy
- Occupational Therapy
- Speech Therapy
- Balance Retraining
- ADL Suite





TRANSITIONAL CARE PROGRAM



As you regain strength and independence and prepare for your return home, we're here to help you transition comfortably and safely.

PRE-DISCHARGE

Our goal is to ensure that you're ready and can transition safely. By including, and openly communicating with your hospital's primary care physician throughout the decision process and transition period, we ensure your entire care team is working together to proactively monitor your health every step of the way.

POST-DISCHARGE

After discharge, a social worker will check in often to make sure you have what you need and are transitioning well, providing any additional support as needed.

- Discharge Planning
- Guidance And Support With Care Options
- Psychosocial And Psychiatric Evaluations As Needed
- In-Home Safety Assessments And Modifications
- Adaptive Equipment
- Coordination And Continuum Of Care



ON-SITE CLINICAL SERVICES



Life doesn't stop while you pause to recover. That's why we offer a full range of on-site clinical services, including dentistry and optometry.

- On-Site Physician Coverage 7 Days a Week
- Multiple On-Site Consulting Specialists Available
- 24/7 Telemedicine
- Cardiac Program
- Respiratory Program
- Sepsis Program
- Advanced Hospice & Palliative Care
- IV Therapy
- Physician-Led Parental Nutrition Program (TPN, PPN)
- Chronic Pain Management
- Advanced Wound Care Led by a Certified Wound Care Specialist



MEMORY CARE PROGRAM

It hurts to watch a loved one experience memory loss, and to care for them in a practical sense can be overwhelming. When care needs become too great for home care, you can provide a loved one with a full and vibrant life at Hudson Pointe's memory care program.

Our goal is not just to house, but to nurture. Experience has shown us that full schedules and routines allow residents to truly thrive, and that familiar practices, such as religion and cultural music, help to aid in recovery. Senses change along with memory loss; our tactile stimulation and sensory therapies help residents feel safe, comfortable, and at ease throughout their stay.

- Locked Memory Care Unit
- Dementia Wander Management System (Wander Guard)
- Group and Individual Activities
- Tactile and Multi-Sensory Stimulation
- Contingence Management
- Caregiver Training & Education
- Exercise Plans to Maintain Range of Motion
- Outings and Activities



CULTURE & COMMUNITY

From a welcoming Hispanic population to close-knit Jewish, Buddhist, Catholic, and Protestant communities, at Hudson Pointe, everyone finds their place.

FACETIME WITH FAMILY

Our Facetime program has revolutionized the way our residents connect with friends and family. iPads are available in our lounges and libraries, and our team is always to help set up a virtual visit.



EXTENDED STAY



RESPITE STAY

Caring for a loved one at home can be complicated. When you need a break, whether for work, travel, or personal time, bring your loved one for a comfortable stay at Hudson Pointe. You'll be able to enjoy your time away with peace of mind, knowing that an experienced team is attending to your loved one's needs round-the-clock in a warm, caring atmosphere.

LONG-TERM CARE PROGRAM

Should your loved one require more attentive care than can be provided at home, Hudson Pointe provides a nurturing environment where they can live life as fully as possible. Our nursing staff provides 24/7 personalized care and attention, delivered with genuine warmth and dignity.



- Individualized care plans
- Full medical team 24/7
- Daily Therapeutic Recreation
- Spiritual Support Services
- Social Services
- Specialty Care (Podiatry, Optometry, Dentistry)



For a video tour
of our facility
please scan the
QR code



Hudson Pointe

AT RIVERDALE

Center for Nursing & Rehabilitation

For more information or to
schedule a visit please contact:

718-514-2000

hp@citadelcarecenters.com

3220 Henry Hudson Pkwy, Bronx, NY 10463

www.hudsonpointerehab.com